




PARTNERS

SOUTH DAKOTA
Foundation for Medical Care
2600 W 49th Street, Sioux Falls, SD 57105

SOUTH DAKOTA
CARDIOVASCULAR
COLLABORATIVE

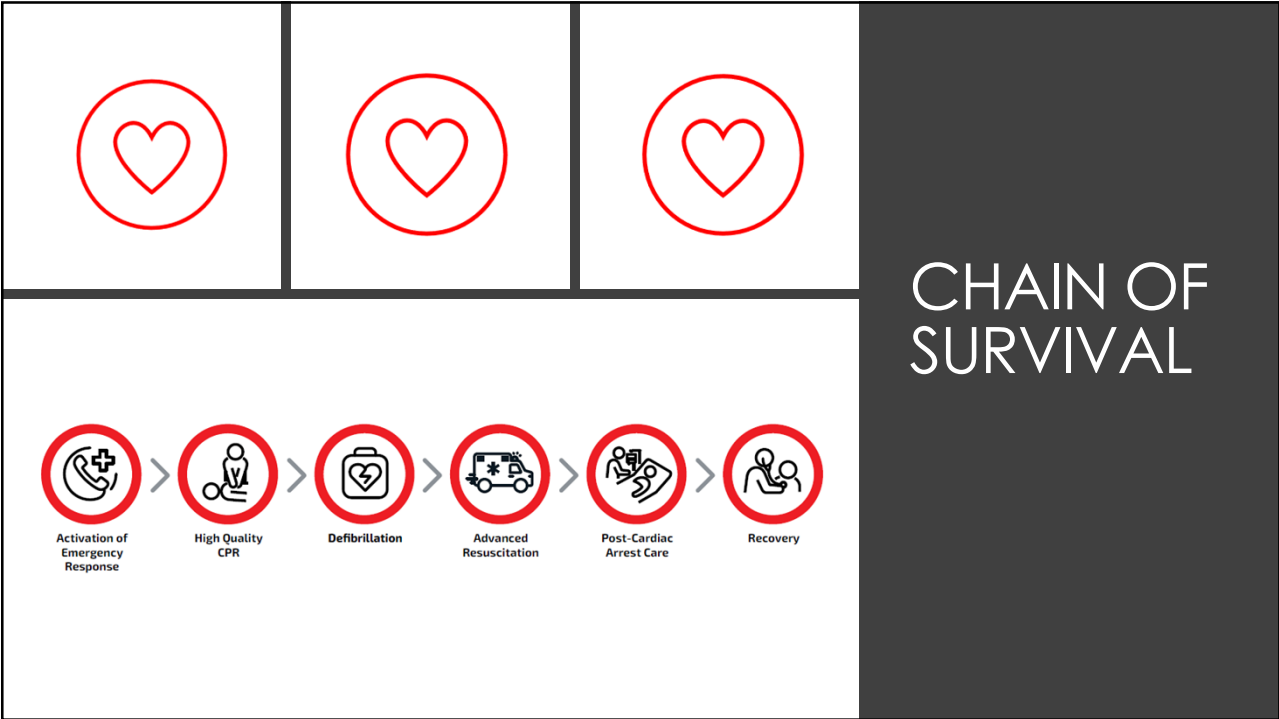
SOUTH DAKOTA
DEPARTMENT OF HEALTH





ARE YOU READY??

- Be empowered
- Be prepared
- Be more confident
- Be ready to save a life of a neighbor, a friend, a family member or any individual in your community



THINK ABOUT THIS



- If someone in your community suffers a sudden cardiac arrest tomorrow, how likely will they survive due to rapid access to life saving treatment?
- How many residents and public safety officials in your community can recognize the symptoms of cardiac arrest and know how to help?
- Do all of your buildings, auditoriums, and meeting areas have adequate emergency response plans? How many public AEDs are available and ready in an emergency?

How to Get Started

- Step 1. Build your Heart Safe Team
- Step 2. Identify community and fiscal needs
- Step 3. Letter of Intent
- Step 4. Implementation
- Step 5. Submit Application
- Step 6. Gain recognition
- Step 7. Sustainability



CRC Designation Rubric Overview

- Earning Designation:
 - Communities earn "Heartbeats" for meeting guidelines in 5 Focus Areas
 - Total Heartbeat required depends on community size
 - Communities must earn Heartbeats in each Focus Area
 - Some specific guidelines required
- Focus Areas:
 - Early Access to Emergency Care
 - Early Defibrillation/AED identification
 - Early Advanced Cardiac Arrest Care & Post Cardiac Arrest Care
 - Community Heart Health
 - Sustainability Plan




HEART BEATS



Community Daily Population	Required Total Heartbeats	Required Heartbeats for CPR/AED training and identification of AEDs	Minimum new training events & AEDs Identified	Required Heartbeats for Early Advanced Care -Transport Plan	Required Heartbeats for Community Heart Health - Any Initiative	Required Heartbeats for Sustainability Plan - CPR/AED Plan, AED assistance plan, Community Event Plan
<1,000	250	80	Four new training events and 4 AEDs were identified	10	10	30
1,000 - 5,000	350	120	Six new training events and 6 AEDs were identified	10	10	30
5,001 - 20,000	500	200	Ten new training events and 10 AEDs were identified	10	10	30
>20,001	1000	400	20 new training events and 20 AEDs identified	10	10	30

HOW TO OBTAIN HEART BEATS




Cardiovascular Collaborative

Sustainability Plan

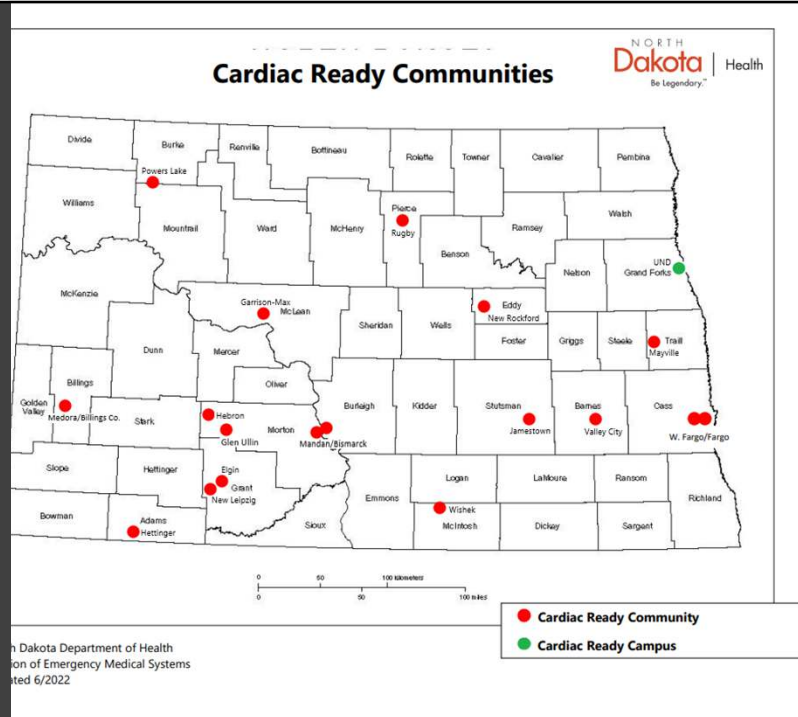
	Updated Guidelines	Category	Heartbeats
1	20 Heartbeats are awarded for submitting a letter of intent	Letter of Intent	20 Heartbeats total
2	10 Heartbeats are awarded for having an ongoing CPR/AED training plan (must provide documentation). <i>Required</i>	Ongoing CPR/AED training plan	10 Heartbeats total
3	10 Heartbeats are awarded for having an ongoing AED placement/assistance plan (must provide documentation). <i>Required</i>	Ongoing AED placement plan	10 Heartbeats total
4	10 Heartbeats are awarded for having a plan for continued presence at community events (5K, health fairs, mass CPR trainings etc.). <i>Required</i>	Community Events plan	10 Heartbeats total
5	10 Heartbeats are awarded for partnerships with state and/or national groups for awareness (must provide documentation).	State/National partnerships	10 Heartbeats total
6	10 Heartbeats are awarded for identifying new concerns around heart health in the community and plans to engage (must include specific plans/activities).	Identify new concerns	10 Heartbeats total
7	10 Heartbeats are awarded for identifying goals for year 1 following designation (must include specific plans/activities).	1 year plan	10 Heartbeats total
8	10 Heartbeats are awarded for year 2 following designation (must include specific plans/activities).	<u>2 year plan</u>	10 Heartbeats total

RESOURCES

- [Cardiac Ready Communities Program Guide](#)
- [Community Letter of Intent send to Stephanie.hanson@sdfmc.org](mailto:Stephanie.hanson@sdfmc.org)
- [Cardiac Ready Communities Designation Application Guide](#)
- [Community Based Blood Pressure \(BP\) Screening Algorithm](#)
- [South Dakota Department Of Health](#)
- [Great Plains QIN Break the Chain of Nicotine Dependence Change Package](#)
- [NDQuits](#)
- [QUITSD](#)



ND MAP OF CARDIAC READY COMMUNITIES AND CAMPUSES



Celebrating Kimball, SD



Kimball receiving CRC Designation on August 11, 2021.
 Left to right: Jesse Baker (City Council), Liz Marso (Dept of Health), Maynard Konechne (Ambulance & CRC Lead), Michelle Soulek (business owner), Kayla Konechne (Nurse and Hunting Lodger Owner), Deb Ruiz (Newspaper Editor) and Todd Yeaton (Fire Chief).



Installing the Cardiac Ready Community Highway Sign.

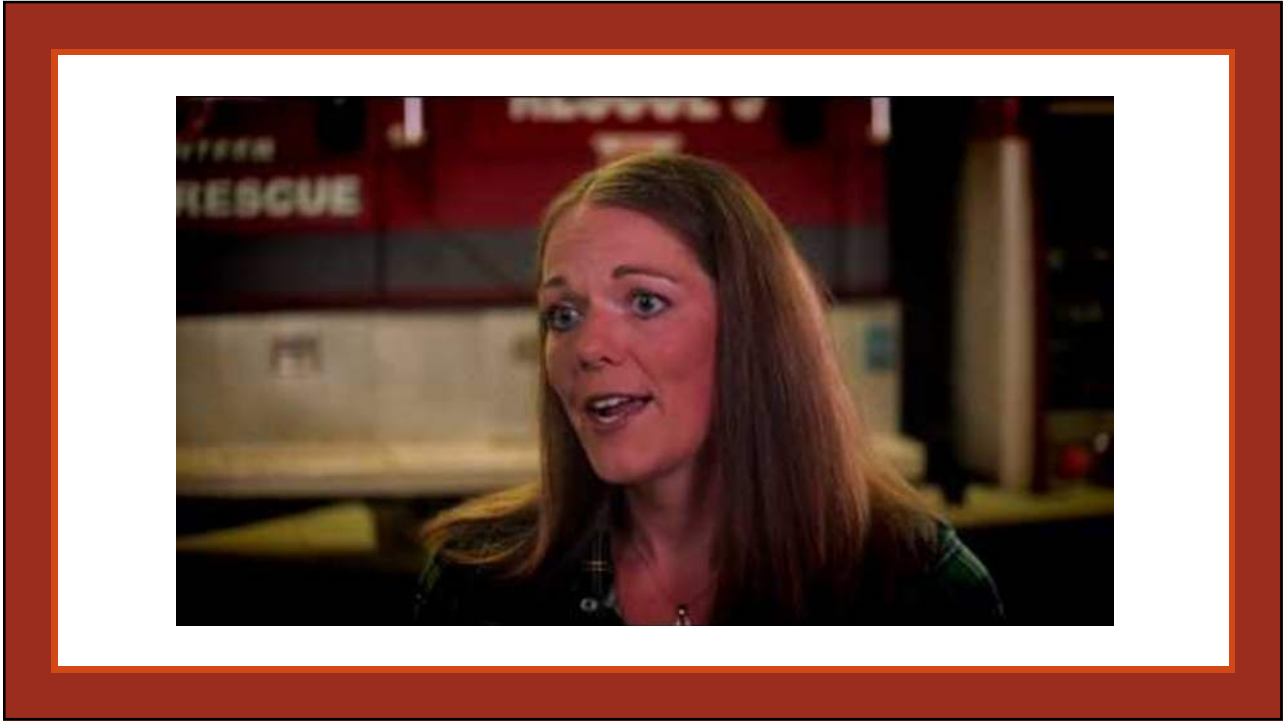


Celebrating De Smet, SD



De Smet receiving CRC Designation on June 14, 2022.
Billi Aughenbaugh, Kingsbury Journal, Lynn Beck, EMT, Mayor Gary Wolkow, Jodi Jung
CNP, Gordy Skyberg, De Smet Fire Dept, Traci Smith, Avera De Smet DNS, Jim Girard,
EMT, Darcie Lee, RN, Liz Marso, DOH





IS YOUR COMMUNITY READY??