Building Bridges and Enhancing Care Together:

Leveraging Partnerships for Improved Services to Native American Patients

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Objectives

- Understand the distinctive aspects of healthcare delivery within Indian Health Service (IHS) and Tribal Healthcare organizations.
- Recognize opportunities for relationship building and collaboration to address healthcare gaps and improve outcomes for Native American patients.



Federal Government and Indian Tribes have a unique legal relationship

The unique "trust relationship" between the U.S. and federally-recognized Indian Tribes has long been recognized in the Constitution, statutes, regulations, case law, Presidential executive orders and agency policies, and the general course of dealings between Indian Tribes and the Federal government. In its role of "guardian," the United States provides a variety of services, including health care, to Indian people.



Indigenous Civilizations and Tribes in North America Prior to 1492

AMERICAN INDIAN RESERVATIONS & TRIBAL JURISDICTIONS American Indian Reservations Federal American Indian Reservations State American Indian Reservations Oklahoma Tribal Jurisdictions

Present Day

FEDERAL INDIAN POLICY TIMELINE

A brief history of US policy

Colonization Period

- Doctrine of Discovery (1492-1600's)
- Treaty Making Era (1600's to late 1800's)
- Indian Removal Era (1830-1850)
- Reservation Era (1850-1880's)

Indian Reorganization Period

- Meriam Report (1928) reports conditions of American Indians
- 1934- Congress passed the Indian Reorganization Act
 - Allotted lands reconsolidated into reservations
 - Tribal governments to be reinstated and reorganized

PRESENT:

- American Indian Religious Freedom Act, 1978
- Native American Languages Act, 1990
- Native American Free Exercise of Religion Act, 1993 (Gonzales and Stansbury; 2006)

Self-Determination Period

- Tribes begin programs in education, forestry, economic development, and other areas.
- Employing qualified Tribal members.

PRE-1492

1492-1887

1887-1934

1934-1945

1945-1961

1968-PRESENT

Pre-Colonial Period

Indigenous communities coexisted with other tribes and the land

Allotment and Assimilation

Period

Dawes Act: Aggressively works to end tribal sovereignty and assimilate and civilize Indians by breaking up tribal land-holdings.

Termination Period

- More than 100 Tribes were terminated
- Members from any Tribe were given opportunities to relocate into urban areas to assimilate into mainstream society

Snyder Act 1921

- First formal legislative authority allowing health services to be provided to Native Americans.
- Codified with the purpose of "direct[ing], supervis[ing], and expend[ing] such moneys as Congress may from time to time appropriate, for the benefit, care, and assistance of the Indians ... [for relief of distress and conservation of health," (Snyder Act of 1921, 25 U.S.C. § 13)

Transfer Act 1954

- Responsibility transitioned to the Public Health Service.
- "all functions, responsibilities, authorities, and duties...relating to the maintenance and operation of hospital and health facilities for Indians, and the conservation of Indian health ... shall be administered by the Surgeon General of the United States Public Health Service."
- This was the beginning of specific directives on how such health care services were to be provided i.e., through the construction of facilities.
- PL 86-121 added water and sanitation services.

Indian Self-Determination & Education Assistance Act (ISDEAA)

1975

• The Indian Self-Determination and Education Assistance Act of 1975, PL 93-638, authorized the Secretary of the Interior, the Secretary of Health, Education, and Welfare, and some other government agencies to enter into contracts with, and make grants directly to, federally recognized Indian tribes.

Indian SelfDetermination & Education Assistance Act (ISDEAA)

1975

 "The Congress declares its commitment to the maintenance of the Federal Government's unique and continuing relationship with and responsibility to the Indian people through the establishment of a meaningful Indian self-determination policy which will permit an orderly transition from Federal domination of programs for and services to Indians to effective and meaningful participation by the Indian people in the planning, conduct and administration of these programs and services..."

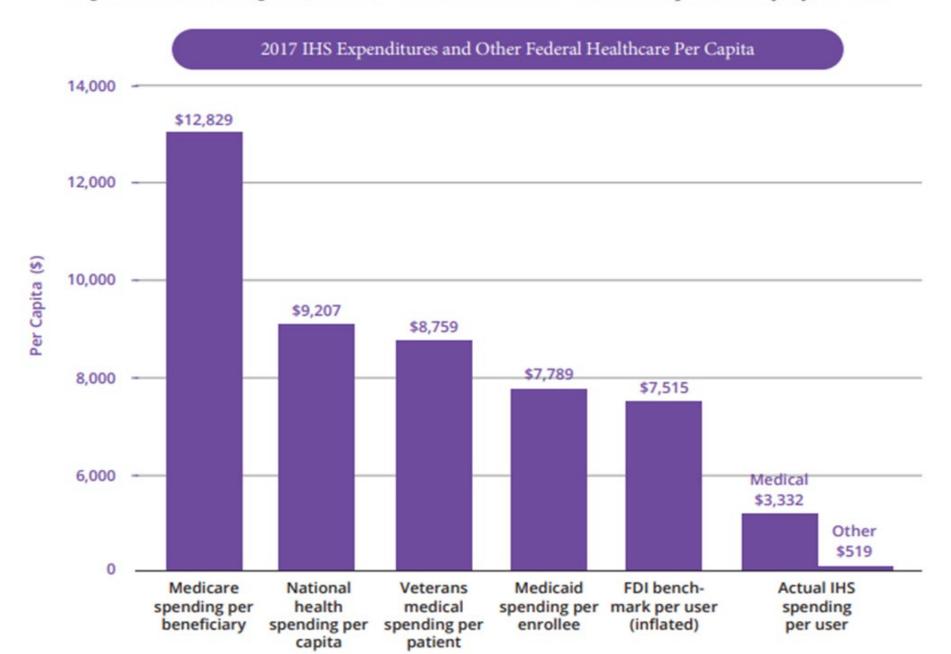
Indian Healthcare Improvement Act 1976

- Has provided the programmatic and legal framework for carrying out the Federal Government's trust responsibility for Indian health
- "the highest possible health status to Indians and to provide existing Indian health services with all resources necessary to effect that policy."
- Established Urban Indian Health Programs
- Authorizes I/T/U programs to bill Medicaid and Medicare
- Permanent reauthorization with the Affordable
 Care Act of 2010

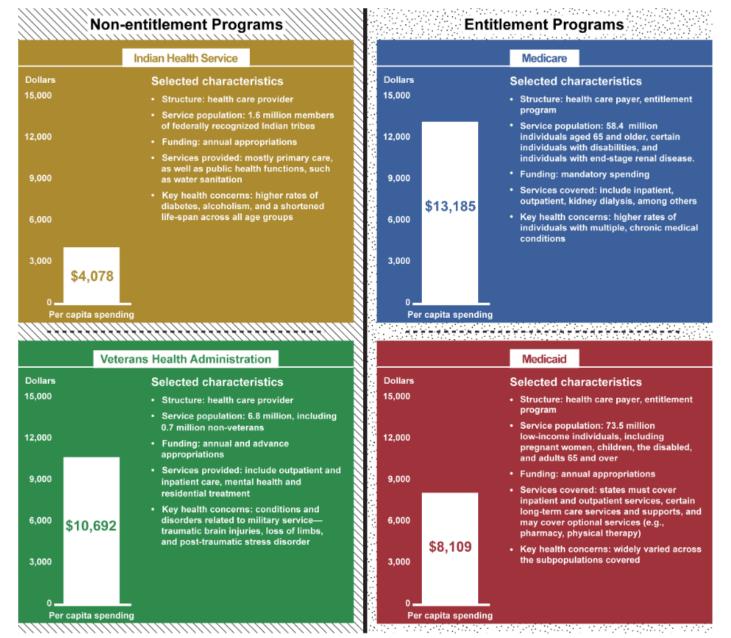
Current Day Problems for IHS and Tribal Healthcare

- Discretionary funding structure
- Large system serving communities with unique needs
- Workforce shortages
- Infrastructure challenges
 - Facilities
 - Information Technology
- Limited ability to address Social Drivers of Health

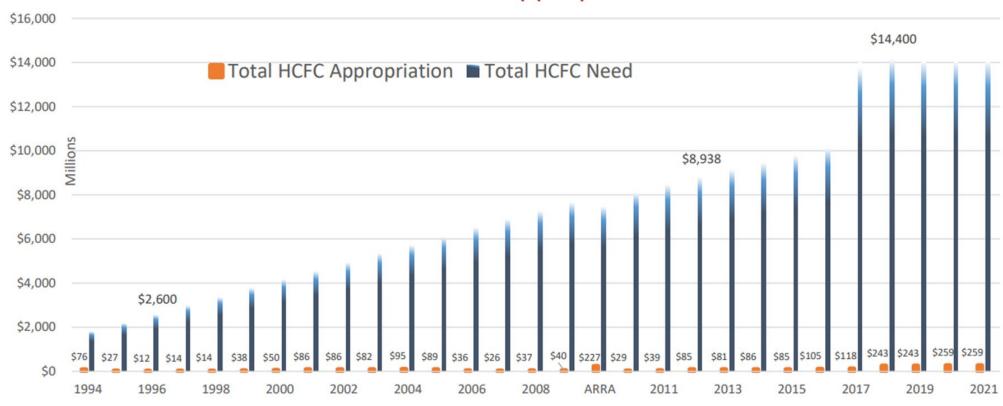
FIGURE 3: 2017 IHS Expenditures Per Capita and Other Federal Health Care Expenditures Per Capita (Note: "other" to Indian Health Service expenditures for facilities)



Per Capita Spending Levels in 2017 and Selected Characteristics for Four Federal Health Programs—Indian Health Service, Veterans Health Administration, Medicare, and Medicaid



Annual Healthcare Facilities Appropriation Verses Total Need



Data relevant to Tribal and IHS healthcare facilities include:

- IHS Service-Population is ~2.6 million AI/ANs.
- The User-Population is ~1.6 million (active users).¹
- The Service-Population increases ~1.8% per year.²
- There are ~70,000 hospital admissions annually.

- There are ~14 million outpatient visits annually.
- Tribes operate 151 of the 203 Service Units (SU).
- The average age IHS healthcare facility is ~40 years.
- The average age US healthcare facilities is ~10-years.³

Purchased Referred Care (PRC)

- IHS and tribal facilities purchase services from private health care providers in certain scenarios
- Eligibility criteria and referral/approval process
- Not an infinite amount of funding
- Vital for access to appropriate levels of care
- Collaboration is <u>CRUCIAL</u>



Can PRC pay for your referral medical care? Find out in 3 stages.

Individual Qualifications Relative Medical Priorities Coordination and Payment Stage 1 Stage 3 Stage 2 You are eligible if: **Approval, Billing, Payment** Payment may be approved if: a) The health care service that you need a) You must apply for any alternate a) You are a member or descendent of a is medically necessary resources for which you may be eligible Federally recognized Tribe or have close - Medicare, Medicaid, insurance, etc. ties acknowledged by your Tribe* - as indicated by medical documentation provided then and 🗸 and b) The service is not available at an b) A PRC purchase order is issued to a accessible IHS or Tribal facility provider authorizing payment for services b) You live on the reservation or, if you live outside the reservation, you live in a and 🗸 then county of the PRCDA for your Tribe* Yes Yes c) The facility's PRC committee c) IHS or Tribal staff and the authorized Each Purchased/Referred Care Delivery Area determines that your case is within the for all for | all (PRCDA) covers a single Tribe or a few Tribes provider coordinate your medical care current medical priorities of the facility local to the area.* You are ineligible for PRC elsewhere. then Unfortunately, PRC funds often are not sufficient to pay for all needed services. When this happens, d) The authorized provider bills and the committee considers each individual's medical and collects from your alternate resources condition to rank cases in relative medical priority. Cases with imminent threats to life, limb, or senses c) You get prior approval for each case then are ranked highest in priority. ** of needed medical service or give notice within 72 hours in emergency cases (30 e) The authorized provider bills any and days for elders & disabled) unpaid balance to PRC for payment d) PRC funds available are sufficient to pay -- because PRC is payer of last resort, it pays only for the service to be authorized for costs not paid by your alternate resources for the above for the above Steps are completed in order Application is denled. Application is deferred. Provider is paid. Specific services authorized within relative medical ** Ask PRC staff for more specifics. Sometimes * There are a few narrowly defined exceptions. Ask priorities may vary from time-to-time in response to deferred lower priority cases may be PRC staff for more specifics about individual changing supply and demand, especially to stretch reconsidered later if funding permits.

diminished funds over the remainder of the fiscal year.

eligibility, PRCDA, or prior notice.



Understanding Billing for IHS/Tribal Beneficiaries at External Healthcare Facilities

- IHS is not an insurance benefit
- Payer of last resort
- Not all services covered
- Communication with patient and referring provider is important



Continuity of Care

Building Partnerships

Set up
Monthly/Quarterly
Meetings

- Case Management
- Billing
- Care Teams

Engage in Statewide Meetings

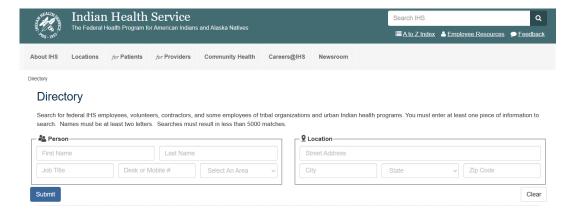
- Tribal Consultation
- Tribal Health Directors

Conferences

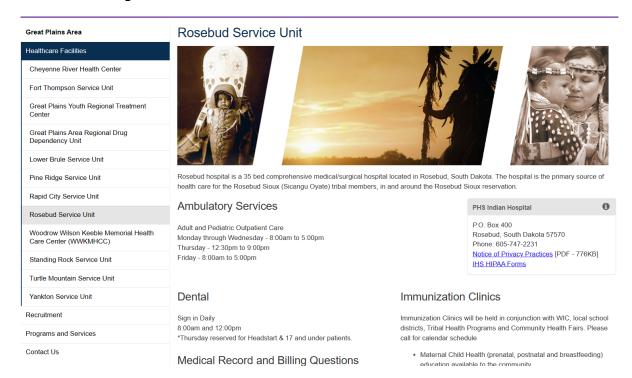
- National Indian Health Board
- Great Plains Tribal Leaders Health Board
- Academic Institutions

Indian Health Service Website

IHS Directory



Facility-Level Info



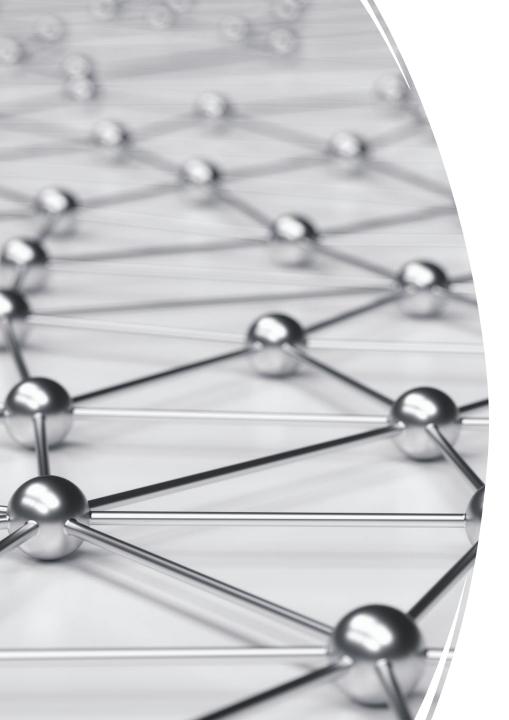
Building relationships promotes better experiences for all involved





Thank You

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Resources

Tribal Liaisons/Outreach:

North Dakota:

Community Engagement Team | Health and Human Services North Dakota

South Dakota:

South Dakota Department of Health; Office of Disease Prevention and Health Promotion Laura Streich, MPA

Deputy Administrator, Chronic Disease Director Laura.streich@state.sd.us

Indian Health Service (IHS):

https://www.gao.gov/products/gao-19-74r https://www.ihs.gov/greatplains/healthcarefacilities/

American Journal of Public Health:

American Indian Health Policy: Historical Trends and Contemporary Issues Published April 2014

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4035886/