## **SEPSIS: STOP AND TELL Early Warning Tool**

Sepsis is a deadly response to an infection, and ANYONE is at risk. Most people outside the medical community do not know what to look for. This guide is to help family members, visitors and others recognize the signs of sepsis. If you see these symptoms, tell a member of the healthcare team right away so they can assess and start treatment if needed.

Sepsis can be difficult to diagnose, and it is important to get the right medical care as quickly as possible.

Shivering or complains of feeling cold

Talks less than usual

Overall seems different than normal

Pain or complains of discomfort

Any complaints of a fast heartbeat

**N**ot breathing normally (fast or cannot catch breath)

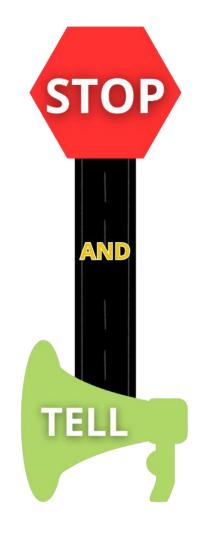
**D**izzy or drowsy

Tired and complains of feeling weak

Extremely ill in appearance

Low Energy or unable to wake up

Lack of eating or drinking



**STOP AND TELL.** If signs of sepsis are identified early and the healthcare team can start treating it, they may be able to stop someone from getting increasingly sick or even dying from sepsis or septic shock. To learn more about sepsis and septic shock, visit: <a href="https://www.sepsis.org/sepsis-basics/what-is-sepsis/">https://www.sepsis.org/sepsis-basics/what-is-sepsis/</a>

Resident name:	Room number: _	
Reported to:	Date:	Time:



