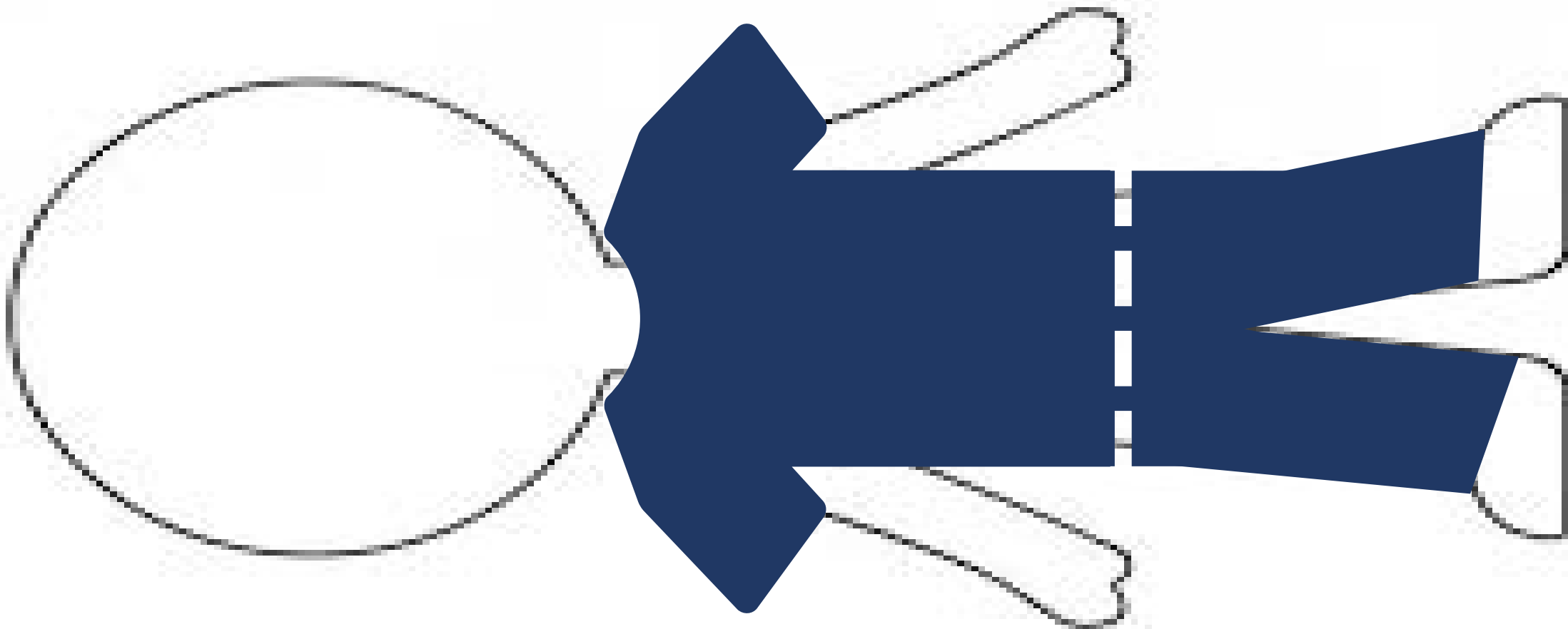


Instructions for Assembly

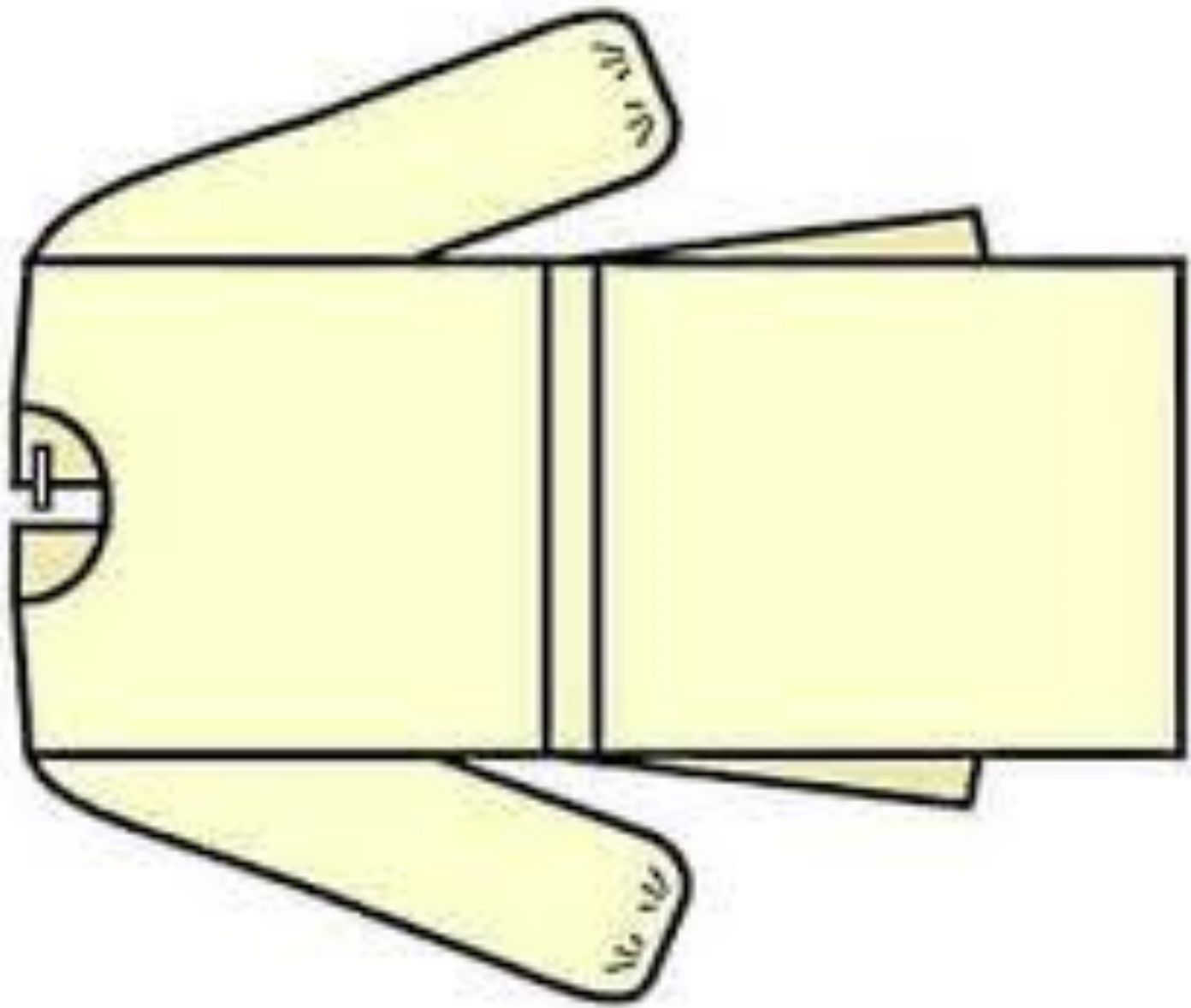
- **Cut out paper doll and PPE items and laminate (so that it can be wiped down and reused between team members).**
- **Make sure you have 1 copy of the DONNING and DOFFING Action Cards (pages 6, 7, 10-12) - **AND** 2 copies of the DONNING and DOFFING Answer Sheets (pages 8-9, 13-15).**
- **Cut the set of the DONNING and DOFFING Cards and 1 set of the DONNING and DOFFING Answer Sheets.**
- **Using the DONNING and DOFFING card answer sheet squares (with numbers) that you have cut, adhere them to the back of the DONNING and DOFFING Action Cards in the correct order the actions should be performed.**
- **Laminate the DONNING and DOFFING Action Cards and the other DONNING and DOFFING Answer Sheets. (so that it can be wiped down and reused between team members).**

Instructions For Use

- 1. Using the DOFFING Action Cards, have the Team Member complete the DONNING sequence by placing the correct card in order on the DONNING Answer Sheet.**
- 2. Once they have placed all the card, have them check their actions by turning over the cards to see if it matches the number on the Answer Sheet.**
- 3. Once they are able to correctly place all of the DONNING Action Cards, complete the same exercise using the DOFFING Action Cards.**
- 4. After they have completed the DONNING and DOFFING Action Cards exercise, have them DON and DOFF PPE in the correct sequence using the paper doll.**
- 5. Once they have completed all of these steps, using the Donning/Doffing observation sheets, have them mime the actions and complete observation form.**







DONNING –ACTION CARDS

Gather PPE

**Remove personal
items (watch,
jewelry, phone)
Secure
eyeglasses/hair**

**Inspect PPE
(no
tears/rips,
correct size)**

**Perform
hand
hygiene**

**Don
gown**

Don mask

DONNING-ACTION CARDS

**Don face
shield or
goggles**

**Done 1
pair of
gloves**

**Inspect PPE while
moving
(extend arms,
bend at waist,
squat)**

DONNING-ANSWER SHEET

1

2

3

4

5

6

DONNING-ANSWER SHEET

7

8

9

DOFFING –ACTION CARDS

Inspect PPE
(visible
contamination,
cuts, or tears)

Perform hand
hygiene
on gloved
hands

Remove
Gown

Discard in
trash
(in patient
room)

Remove
Gloves

Discard in
trash
(in patient
room)

DOFFING ACTION CARDS

**Perform
hand
hygiene**

**Remove
face shield**

**Discard in
trash
(in patient
room)**

**Perform
hand
hygiene**

**Exit
patient
room**

**Perform
hand
hygiene**

DOFFING-ACTION CARDS

**Remove
mask**

**Discard in
trash
(outside of
patient
room)**

**Perform
hand
hygiene**

DOFFING-ANSWER SHEET

1

2

3

4

5

6

DOFFING-ANSWER SHEET

7

8

9

10

11

12

DOFFING-ANSWER SHEET

13

14

15

DONNING –ANSWER KEY

1

**Gather
PPE**

2

**Remove
personal items
(watch, jewelry,
phone) Secure
eyeglasses/hair**

3

**Inspect PPE
(no tears/rips, correct
size)**

4

**Perform hand
hygiene**

5

Don gown

6

Don mask

7

**Don face
shield or
goggles**

8

**Done 1 pair of
gloves**

9

**Inspect PPE while
moving
(extend arms, bend
at waist, squat)**

DOFFING –ANSWER KEY

1
Inspect PPE
(visible
contamination,
cuts, or tears)

4
Discard in
trash
(in patient
room)

7
Perform hand
hygiene

10
Perform hand
hygiene

13
Remove mask

2
Perform hand
hygiene
on gloved
hands

5
Remove
Gloves

8
Remove face
shield

11
Exit patient
room

14
Discard in
trash
(outside of
patient room)

3
Remove Gown

6
Discard in
trash
(in patient
room)

9
Discard in
trash
(in patient
room)

12
Perform hand
hygiene

15
Perform hand
hygiene