



# Friday Focus 4 Health

A diverse and collaborative learning experience  
designed to improve patient outcomes



## Naloxone Awareness and Education

Fridays | 12:00 - 12:30 pm CT

March 10, 17, 24, 31

One topic. 4 weeks. 30 minutes. YOUR pace.



# Save a Life

A row of white silhouettes of diverse people of various ages and ethnicities, including a family, a group of friends, and a person on a phone.

**NALOXONE**

*saves lives*

A white EKG (heart rate) line graphic extending across the bottom of the blue box.

# Signs of an Overdose



## Every Second Counts.

### Be Prepared To Recognize An Opioid Overdose And Act

Knowing the signs of an opioid overdose is essential to responding quickly. The signs and symptoms of an opioid overdose emergency can include:



**Unusual sleepiness  
or unresponsiveness**



**Breathing will be slow  
or absent**



**Slow heartbeat or low  
blood pressure**



**Skin feels cold and  
clammy**



**Pupils are tiny**



**Nails and lips are blue**

# Who's at risk for opioid overdose?



# Three Routes of Administration



- Videos on Naloxone training, intranasal, nasal and injectable routes.



# Naloxone Training on GPQIN Website



[Begin Training](#)

# Polling Question



Do you currently do Naloxone training in your facility?

Yes

No

Unsure

# Naloxone Conversations





# FDA Flush List



**FDA U.S. FOOD & DRUG ADMINISTRATION**

## Drug Disposal Options

Do you have medicine you want to get rid of?

Do you have a drug take-back option readily available?

Check the [DEA website](#), as well as your local drugstore and police station for possible options.

**NO**

**YES**

Is it on the [FDA flush list](#)?

**NO**

Follow the [FDA instructions for disposing of medicine in the household trash](#).

**YES**

[Immediately flush your medicine in the toilet.](#)

Scratch out all personal info on the bottle and recycle/throw it away.

Take your medicine to a drug take-back location.

Do this promptly for [FDA flush list](#) drugs!

[www.fda.gov](#)

# Can't Flush it, Trash it!



Follow these simple steps to dispose of medicines in the household trash

## MIX

Mix medicines (do not crush tablets or capsules) **with an unpalatable substance** such as dirt, cat litter, or used coffee grounds;



## PLACE

Place the mixture **in a container** such as a sealed plastic bag;



## THROW

Throw the container **in your household trash**;



## SCRATCH OUT

Scratch out **all personal information** on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable, then dispose of the container.



# Leave in Action

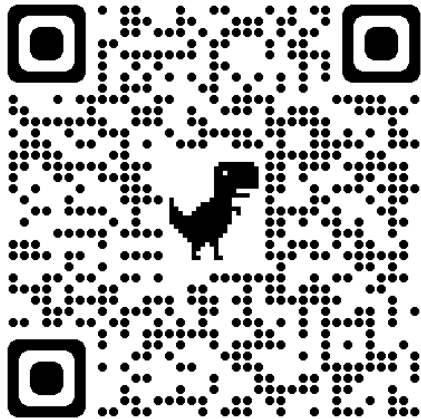


# Office Hours

## Questions & Sharing



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