



Friday Focus 4 Health

A diverse and collaborative learning experience designed to improve patient outcomes



Frequently Used Resources:

- [Friday Focus 4 Health Webpage](#)
- [Evaluation Form](#)
- [Great Plains QIN Quality Improvement Guide](#)

Age Friendly Health Systems:

- [IHI Age Friendly Health Systems 4Ms Model](#)

Health Equity:

- [CMS MLN Health Equity Training](#)
- [CMS Framework for Advancing Health Care in Rural, Tribal, and Geographically Isolated Communities](#)

February Series 2023

Reducing Avoidable Hospital Emergency Department Visits	Blood Pressure Control
<p><i>Week 4 (February 24, 2023)</i></p> <ul style="list-style-type: none"> • Reducing Avoidable ED Visits & Hospitalization Toolkit • Interact Decision Support Tools: Change in Condition File Cards and Care Paths • Nile Moss - one families struggle with sepsis YouTube Video • Connecting the Dots Resources (sepsis, antibiotics, immunizations) • South Carolina UTI Toolkit for Long-Term Care • AHRQ Falls Toolkit - comprehensive response to falls • Post Falls Protocol (example) • GPQIN Post Fall Huddle Template • Action ADE: Working together to prevent adverse events • Action ADE: Pat's Story / Part 2: Marilyn's story • How to Create a run char in excel: Video • How to make a run chart in excel: PDF • CMS Storyboard Guide for PIPs 	<p><i>Week 4 (February 24, 2023)</i></p> <ul style="list-style-type: none"> • Taking a BP accurately - Video • Blood Pressure Training Video • SMBP Quick Start Guide • Self-Measured Blood Pressure Monitoring (SMBP) Implementation Toolkit • Collaborative Care Models for Improving Hypertension Control SMBP Monitoring Video
<p><i>Week 3 (February 17, 2023)</i></p> <ul style="list-style-type: none"> • INTERACT® SBAR • AHA Center for Health Innovation 	<p><i>Week 3 (February 17, 2023)</i></p> <ul style="list-style-type: none"> • BP Improvement Program

<ul style="list-style-type: none"> • Health Quality Innovation Network Huddle Guide Toolkit • AHA Huddle Toolkit • TeamSTEPPS® • Go to the hospital or stay here? • Advance care planning resource list • End of Life Conversations Video 	<ul style="list-style-type: none"> • American Medical Association - Measure Accurately • Target BP: In-Office Blood Pressure Measurement Graphic
<p>Week 2 (February 10, 2023)</p> <ul style="list-style-type: none"> • Great Plains QIN Reducing Avoidable ED Visits and Hospitalization Toolkit • INTERACT® Stop & Watch Tool Video • Health Quality Innovation Network Circle Back Tool 	<p>Week 2 (February 10, 2023)</p> <ul style="list-style-type: none"> • Million Hearts Hypertension Change Package • IHI Partnering in Self-Management Support: A toolkit for Clinicians • IHI Partnering in Self-Management Support: A toolkit for Clinicians Webpage • Beyond Ask Me 3 Tool • AHRQ Health Literacy Universal Precautions Toolkit • AHRQ Health Literacy Universal Precautions Webpage • Encourage Questions: Tool #14 • Blood Pressure Questions to Ask Your Doctor • NDC3 • From Prevention to Screening and Survivorship: A Roadmap for Reducing Shared Risks Associated with Cancers and Cardiovascular Disease Among Low-Income Populations and Patients (Part 1) • From Prevention to Screening and Survivorship: A Roadmap for Reducing Shared Risks Associated with Cancers and Cardiovascular Disease Among Low-Income Populations and Patients (Part 2)
<p>Week 1 (February 3, 2023)</p> <p>INTERACT® Tools</p> <ul style="list-style-type: none"> • Version 4.5 Tools for Skilled Nursing • Version 2.0 Tools for Assisted Living • Version 1.0 Tools for Home Health Care • Great Plains QIN Reducing Avoidable ED Visits and Hospitalization Toolkit • What Does Coordinated Care Look Like? IHI Video 	<p>Week 1 (February 3, 2023)</p> <ul style="list-style-type: none"> • Million Hearts® (hhs.gov) • Million Hearts Video • Estimated Hypertension Prevalence, Treatment, and Control Among U.S. Adults Million Hearts® (hhs.gov) • 2023 # 236 Controlling High Blood Pressure Healthmonix • AHA High Blood Pressure Toolkit (ascendeventmedia.com) • ADA issues 2023 ‘Standards of Care’ for diabetes: Focus on tight BP, lipids MDedge EndocrinologyHypertension: New Guidelines from the International Society of Hypertension AAFP

	<ul style="list-style-type: none">• Explore High Blood Pressure in North Dakota 2022 Annual AHR (americashealthrankings.org)• Explore High Blood Pressure in South Dakota 2022 Annual AHR (americashealthrankings.org)
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