



Friday Focus 4 Health

A diverse and collaborative learning experience
designed to improve patient outcomes



Reduce Avoidable Emergency Department Visits

Fridays | 12:00 - 12:30 pm CT

February 3, 10, 17, 24

One topic. 4 weeks. 30 minutes. YOUR pace.

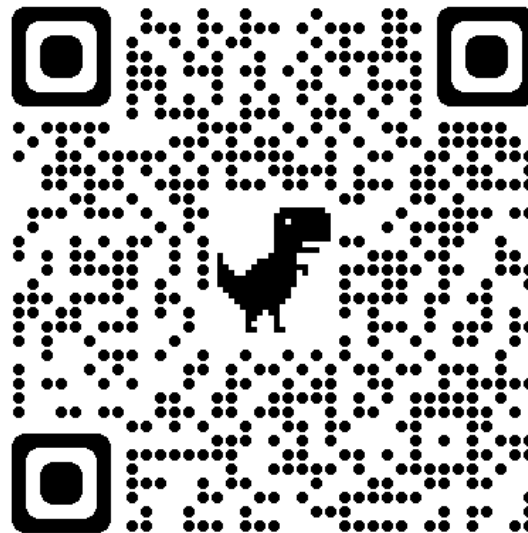


We Would Love Your Feedback



Scan the QR code to let us know how we did
OR...

Access the link (via chat) to complete the evaluation



Reducing ED Visits & Hospitalization

Topic Review



- [GPQIN Reducing Avoidable ED Visits & Hospitalization Toolkit](#)
- [GPQIN Quality Improvement Process Guide and Tools](#)

- **Week 1:** Data, Transfer reasons, Tracking, Goal Setting, Handoffs, Interact tools
- **Week 2:** Early recognition of potential S&S's (Stop & Watch, Facility Capabilities List)
- **Week 3:** Huddles, Advance Care Planning, TEAMSTEPs
- **Week 4: (TODAY) - Infections, Falls, Medications, Success Measurement & Celebrating**

Reducing ED Visits & Hospitalization

Re: Infections



Early recognition, monitoring, treatment of infection AND communicating these changes to the caregiving team are KEY to avoid ED visits & hospitalization

- [Interact Decision Support Tools: Change in Condition File Cards and Care Paths](#)
- [Nile Moss - one families struggle with sepsis | YouTube Video](#)
- [Connecting the Dots Resources \(sepsis, antibiotics, immunizations\)](#)
- [South Carolina UTI Toolkit for Long-Term Care](#)
- [Reducing Avoidable ED Visits & Hospitalization Toolkit – Section 6](#)

Reducing ED Visits & Hospitalization

Re: Falls



A past history of a fall is the single best predictor of future falls

- [AHRQ Falls Toolkit](#) - comprehensive response to falls
- [Post Falls Protocol](#) (example)
- [GPQIN Post Fall Huddle Template](#)
- [Reducing Avoidable ED Visits & Hospitalization Toolkit](#) – Section 7

Reducing ED Visits & Hospitalization Re: Medication Adverse Events

33% are
repeat
events

Antidiabetic agents, oral anticoagulants, antiplatelet and opioid pain medications account for more than 50% of ED visits for ADEs in Medicare patients. ~ PSNET 9/7/2019

- [Action ADE: Working together to prevent adverse events - Video](#)
- [Reducing Avoidable ED Visits & Hospitalization Toolkit – Section 8](#)

ADE: From a Pharmacist's Perspective



I saw a diabetic patient today who was discharged from another local hospital on Friday, where he was admitted for hypoglycemia due to glyburide [a medication]. The Dr. asked him to stop the glyburide and gave him a RX for gliclazide, which has a lower risk of hypoglycemia.

The patient presented here again with a critically low blood sugar, was treated and then became hypoglycemic again. When I looked at the patient's blister pack, I was horrified to discover both glyburide and gliclazide. It turns out the patient had been given a discharge Rx for gliclazide, but there was no note on the discharge Rx to discontinue the glyburide.

Clinical pharmacist, Vancouver General Hospital (2012)

Measure Success: Collect and Analyze Data

What gets measured, gets done!

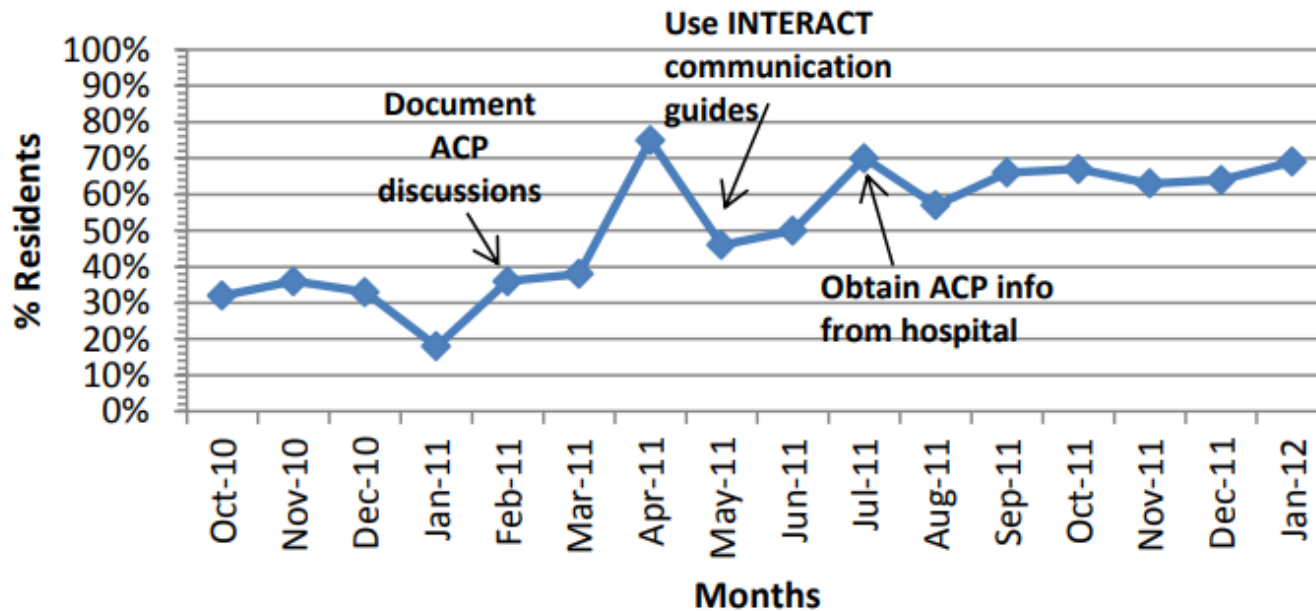


- Outcome measure example:
 - the # of transfers to the ED per month
- Process measure examples:
 - the # of times a SBAR tool is used by nsg staff to communicate a change in condition to the PCP and the # of times the involved resident was transferred vs being managed in the nh or assisted living
 - the # of times staff use Stop and Watch tool

Use Run Charts to Show Progress



% Residents with Documented Advanced Care Plan



- [Make a run chart using excel pdf](#)
- [Create a Run Chart in Excel - YouTube](#)
- [IHI Run Chart Tool](#)

Leave In Action / Celebrate Success



- Show and Tell: Do a storyboard – make visible
 - [CMS Storyboard Guide for PIPs](#)
- Share the news (local news media, social media, community mtgs, resident council mtgs, leadership / board mtgs)
- Provide individual certificates to team
- Team Trophy
- Send individual thank you's to team



“Developing and displaying storyboards in our center helps to increase staff, resident and family engagement in our QAPI projects. It gives a little pat on the back every day to our team and validates the importance of practicing strong QAPI strategies 365 days a year!”

~ QAPI Coordinator

Office Hours

Questions & Open Discussion



March Friday Focus 4 Health: Register Today



Strategies for Opioid Misuse | 12:00 – 12:30 pm CT

Clostridium Difficile Infections (CDI) | 12:30 – 1:00 p.m. CT

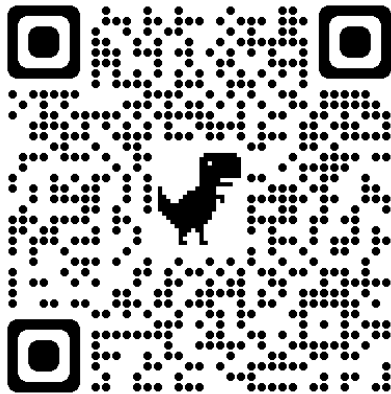
Register for the March Series:

<https://gpqin.wufoo.com/forms/friday-focus-4-health-march-2023/>

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Thank You For Joining | Share Your Feedback



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Join the conversation! Join our Community Coalition Listserv:

<https://gaggle.email/join/communitycoalition@groups.greatplainsqin.org>

