



Friday Focus 4 Health

A diverse and collaborative learning experience
designed to improve patient outcomes



Pathways to Safer Opioid Use

Fridays | 12:00 - 12:30 pm CT

January 6, 13, 20, 27

One topic. 4 weeks. 30 minutes. YOUR pace.



Today's Topic – The Pharmacist's Role



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Tool/Resource



OVERDOSE DEATHS

involving prescription opioids have quadrupled since 1999



receiving long-term opioid therapy in a primary care setting struggles with addiction.

Pharmacists are an essential part of the health care team. On the front lines of dispensing opioid pain medications and providing medication-related services, pharmacists can serve as a first line of defense by engaging in prevention and treatment efforts of opioid use disorder and overdose.

Tips for Communicating with Patients

- Ask open-ended questions
- Be empathetic
- Use active listening
- Use clear explanations—avoid jargon
- Include verbal and written materials

SIMPLE WAYS TO START CONVERSATION

- What medications are you taking?
- What medications have you taken to manage pain and how did you respond?
- Describe how you normally take your medications.
- How well is your medication controlling your pain?
- Are you experiencing any side effects from your pain medications?
- In addition to medications, what other ways are you managing your pain?
- Do you know which medications you should avoid while taking opioids?
- What questions do you have about your medications?

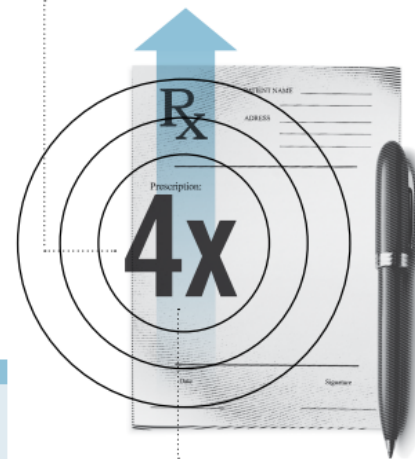
RESOURCES AND EDUCATION

- American Pharmacists Association: www.pharmacists.com/
- CDC Injury Prevention and Control Opioid Overdose: www.cdc.gov/drugoverdose/
- CDC What Patients Need to Know factsheet: www.cdc.gov/drugoverdose/pdf/aha-patient-opioid-factsheet-a.pdf
- Substance Abuse and Mental Health Services Administration: www.samhsa.gov
- PMP Resource: www.namsdl.org/prescription-monitoring-programs.cfm
- Drug Enforcement Administration: www.dea.gov/index.shtml

PHARMACISTS: ON THE FRONT LINES

Addressing Prescription Opioid Abuse and Overdose

Sales of prescription opioids in the U.S. nearly **QUADRUPLED** from 1999 to 2014,



but the amount of pain Americans reported remained **UNCHANGED**



U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

www.cdc.gov/drugoverdose



GUIDELINE FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN

*Recommendations focus on pain lasting longer than 3 months or past the time of normal tissue healing, outside of active cancer treatment, palliative care, and end-of-life care.

Leave In Action



- [Great Plains QIN Quality Improvement Project Guide and Tools](#)
 - Plan/Measure Impact
 - SMART Goal
 - Plan/Analyze Data

Office Hours

Questions & Sharing in a Safe Environment

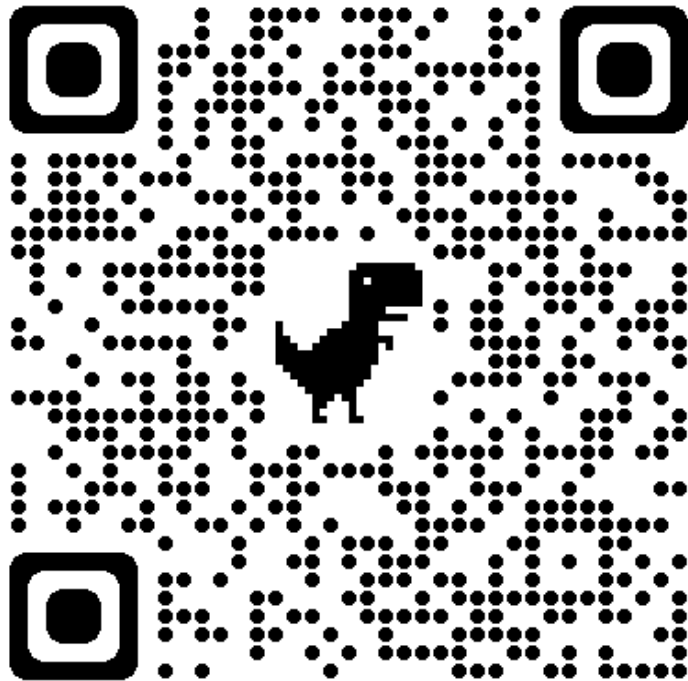


Polling Question

Do you utilize the Prescription Drug Monitoring Program (PDMP)?

- Yes
- No
- Unsure

Evaluation and Feedback



Scan the QR code to let us know how we did!

OR...

Click the link to complete the evaluation!

<https://gpqin.wufoo.com/forms/friday-focus-4-health-january-series-evaluation/>



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Thank you for joining!

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