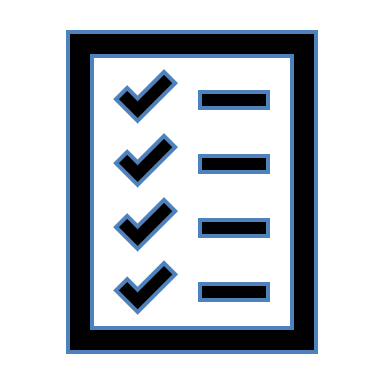
**TEACH-BACK IS…**

* **A way to make sure YOU - the Healthcare Provider – explained information clearly; it is NOT a quiz to test the patient**
* **Asking the patient (or family member) to explain – in their own words – what they need to know or do - in a caring way**
* **A research-based health literacy intervention that promotes adherence, quality and patient safety**
* **A way to check for understanding and, if needed, an opportunity to re-explain and check again**



**Only 12 percent of adults in the United States have a high level of health literacy. In other words, nearly nine out of 10 adults lack the skills needed to fully manage their health care and prevent disease**. [National Assessment of Adult Literacy]

**In addition, 40 – 80% of medical information is forgotten immediately.** [Health Literacy Universal Precautions Toolkit]



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