IMMUNIZATIONS

Who needs a flu shot? \longrightarrow Everyone 6 months of age and older.



GET YOUR FLU SHOT!

Do your part... Protect, Prevent, and Preserve.

Cover your cough

Wash your hands

Stay up-to-date with immunizations









Vaccines recommended for those 65 years or older:

Influenza (flu)

You need a dose every fall (or winter) for your protection and for the protection of the others around you.

Tetanus, Diphtheria, Pertussis (Tdap)

Adults who have not received a dose of Tdap (whooping cough) during their lifetime need to get a Tdap vaccine. A Tdap booster is recommended every 10 years.

COVID-19

Visit the Centers for Disease Control and Prevention (CDC) Website for recommendations and guidelines: www.cdc.gov

Shingles

At age 50, you should get two doses of Shingrix, 2-6 months apart, to protect yourself against shingles and long-lasting pain.

Pneumococcal

Check the CDC's PneumoRecs VaxAdvisor® tool (Scan QR Code) or ask your healthcare provider or pharmacist for what is recommended for you.



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Source: Centers for Disease Control and Prevention (CDC), cdc..gov; immunization Action Coalition, immunize.org. This material was prepared by Great Plains Quality Innovation Network, a Quality Improvement Organization, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy CMS HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. 12SOW/GPQIN/QIN-QIO-456/0224