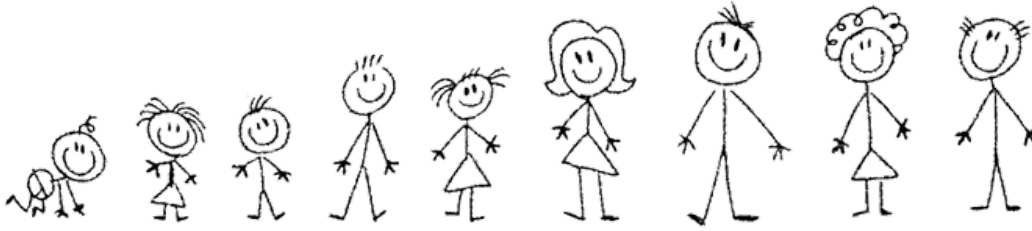


IMMUNIZATIONS

Who needs a flu shot? → Everyone 6 months of age and older.



GET YOUR FLU SHOT!

Do your part... Protect, Prevent, and Preserve.

Cover your cough



Wash your hands



Stay up-to-date with immunizations



Stay home when sick



Take antibiotics responsibly



Vaccines recommended for those 65 years or older:

Influenza (flu)

You need a dose every fall (or winter) for your protection and for the protection of the others around you.

COVID-19

Visit the Centers for Disease Control and Prevention (CDC) Website for recommendations and guidelines: www.cdc.gov

Tetanus, Diphtheria, Pertussis (Tdap)

Adults who have not received a dose of Tdap (whooping cough) during their lifetime need to get a Tdap vaccine. A Tdap booster is recommended every 10 years.

Shingles

At age 50, you should get two doses of Shingrix, 2-6 months apart, to protect yourself against shingles and long-lasting pain.

Pneumococcal

Check the CDC's PneumoRecs VaxAdvisor® tool (Scan QR Code) or ask your healthcare provider or pharmacist for what is recommended for you.

