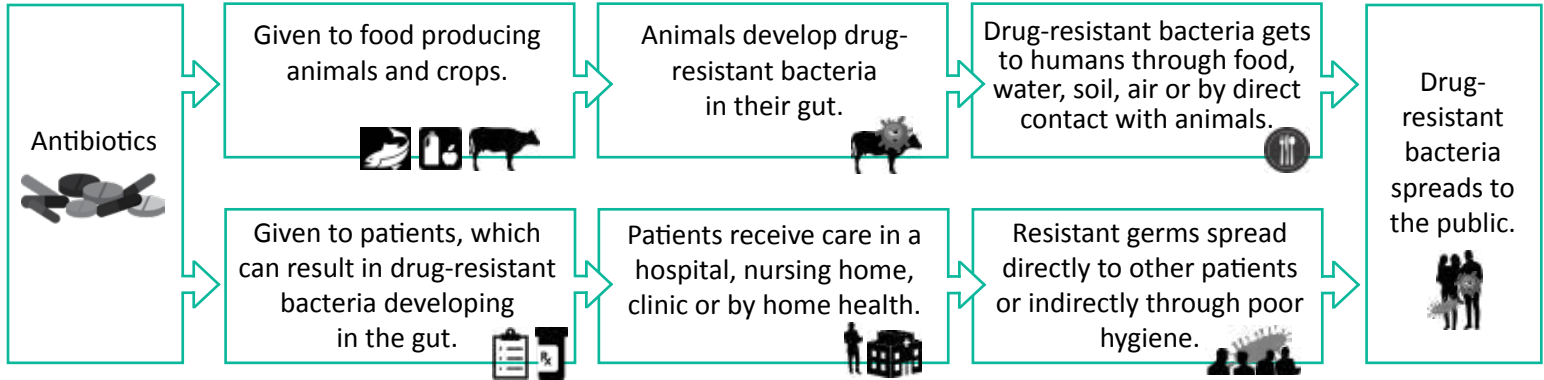


Antibiotic Stewardship


What is antibiotic stewardship? ⇨ The coordinated effort to protect antibiotics and prevent antibiotic resistance.


What is antibiotic resistance? ⇨ When germs, like bacteria and fungi, develop the ability to defeat the drugs designed to kill them, they continue to grow.

How Antibiotic Resistance Spreads




Do your part... Protect, Prevent and Preserve


 Cover your cough

 Wash your hands

 Stay up-to-date with **immunizations**

 Stay home when sick

 Take **antibiotics** responsibly

 Lives depend on it

When are antibiotics needed?

Antibiotics only work on bacterial infections

Antibiotics do not work on viruses!

Bacteria vs. Virus

BACTERIA

- Strep throat
- Whooping cough
- Urinary tract infection

Antibiotics?
YES

BOTH

- Sinus infection
- Middle ear infection
- Bronchitis*

Antibiotics?
MAYBE

VIRUS

- Common cold
- Sore throat
- Flu

Antibiotics?
NO

*Studies show that in otherwise healthy children and adults, antibiotics for bronchitis will not help you feel better.

Make sure you are taking antibiotics for the right reasons; ask these five questions:

1. Do I really need antibiotics?
2. What are the risks?
3. Are there simpler, safer options?
4. How much do they cost?
5. How do I safely take antibiotics?

