



Monument Health is committed to providing exceptional care for the patients and communities we serve.

Ensuring we keep you safe from falls, while in our care, is a priority of our team.

Our commitment to keep you safe from falls includes:

- ❖ Explain to you how we determine your risk for having a fall while in the hospital. You will be scored as low, medium, or high fall risk.
- ❖ Explain risk factors that increase your chance of experiencing a fall while in our care.
- ❖ Include you and a support person you choose, in your plan of care to keep you safe and free from falls.
- ❖ Safety measures used for all patients scored as high fall risk:
 - Keeping your top 2 side rails of your bed up.
 - Keeping your bed in the lowest position and brakes are locked at all times.
 - Provide non-skid slippers or socks if mobile.
 - Staying within arm's reach during all activities including while in the bathroom.
 - Use a safety belt while you are out of bed, to ensure we can safely assist you when you are walking or moving around.
 - Apply and maintain a yellow risk band and high fall risk signage, to ensure all members of the care team know how best assist you.
 - Chair alarm while outside of bed and bed alarm activated while in bed.
 - Frequent rounding

Monument Health strives to work in a partnership with each patient that we serve. In return of our commitment, we ask for the following for our patients:

- ❖ Seek out answers to your safety questions.
- ❖ Utilize the high fall risk bundle to ensure we keep you safe.
- ❖ Use your call light to ring for assistance with any cares. Please do not attempt to get out of bed or chair without a caregiver present to assist.