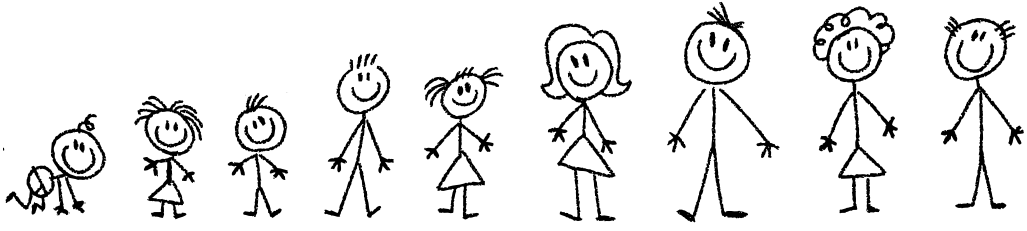
Immunizations

Who needs a flu shot? ⇨ Everyone 6 months of age and older.



Get your flu shot!

Do your part… Protect, Prevent and Preserve

- Cover your cough
- Wash your hands
- Stay up-to-date with **immunizations**
- Stay home when sick
- Take **antibiotics** responsibly
- Lives depend on it

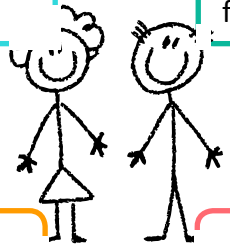
Vaccines recommended for those 65 years or older:

Influenza (flu)

You need a dose every fall (or winter) for your protection and for the protection of others around you.

Pneumococcal

You need two pneumoccal (pneumonia) vaccines—Prevnar (if you haven't had it before) and Pneumovax. Get your Prevnar first and then Pneumovax 1 year later.



Tetanus, Diphtheria, Pertussis (Tdap)

Adults who have not received a dose of Tdap during their lifetime need to get Tdap (the whooping cough vaccine). You need a TD booster dose every 10 years.

Shingles

You should get two doses of Shingrix, 2-6 months apart, to protect yourself against shingles and long-lasting pain.

Source: Centers for Disease Control and Prevention (CDC), cdc.gov; Immunization Action Coalition, immunize.org

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