

Project ECHO as a Tool to Address the Opioid Epidemic

December 4, 2018



**Quality Improvement
Organizations**

Sharing Knowledge. Improving Health Care.
CENTERS FOR MEDICARE & MEDICAID SERVICES

Great Plains



Quality Innovation Network

Addressing the Opioid Epidemic Series

- Training Events at <https://greatplainsqin.org/initiatives/medication-safety/>
- Take Back
- PDMPs
- Managing Chronic Pain Naturally
- Chronic Pain Management at a Family Medicine Residency
- A Statewide Pain Management Guidance Document
- Naloxone and Its Role in Prevention of Opioid Overdose Death
- Opioid Tapering
- Physician Perspective and Opiate Stewardship
- Medication Assisted Treatment for Opioid Use Disorder

Objectives

- Discuss Project ECHO and its ability to spread education and practice across distances
- Compare multiple approaches to the opioid epidemic using Project ECHO
- Describe opportunities to participate in Project ECHO to address the opioid epidemic

What is Project ECHO?



The mission of Project ECHO (Extension of Community Healthcare Outcomes) is to expand the capacity to safely and effectively provide best practice care for chronic, common, and complex diseases in rural and underserved areas and to monitor outcomes of this care.

Hub and Spoke Model

Project ECHO: A Revolution in Medical Education and Care Delivery

Project ECHO is a lifelong learning and guided practice model that revolutionizes medical education and exponentially increases workforce capacity to provide best-practice specialty care and reduce health disparities. The heart of the ECHO model™ is its hub-and-spoke knowledge-sharing networks, led by expert teams who use multi-point videoconferencing to conduct virtual clinics with community providers. In this way, primary care doctors, nurses, and other clinicians learn to provide excellent specialty care to patients in their own communities.



People need access to specialty care for their complex health conditions.



There aren't enough specialists to treat everyone who needs care, especially in rural and underserved communities.

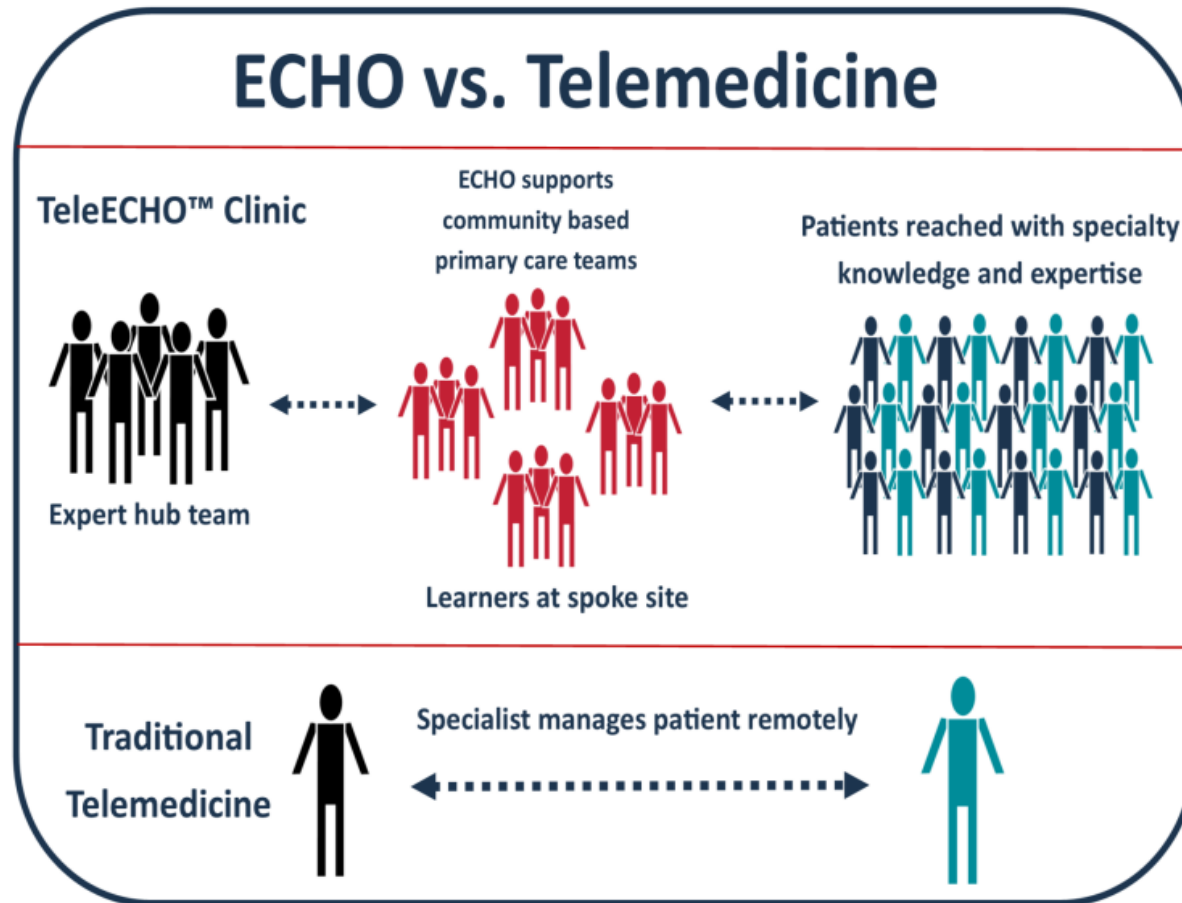


ECHO trains primary care clinicians to provide specialty care services. This means more people can get the care they need.



Patients get the right care, in the right place, at the right time. This improves outcomes and reduces costs.

ECHO is Not Telemedicine



Today's Speakers

- **Carla Deckert**, MA, Project ECHO Director
University of Kansas Medical Center
- **Julie Reiten**, Project Coordinator
University of North Dakota Center for Rural Health
- **Tina Chasek**, PhD, Director
Behavioral Health Education Center of Nebraska
Kearney
- **Lindsey Anderson**, Health Data Coordinator
State of Nebraska

Project ECHO Format

- Subject area(s)
- Target audience
- Meeting frequency



All teach, all learn

Pain and Substance Use Disorder ECHO Expert Team

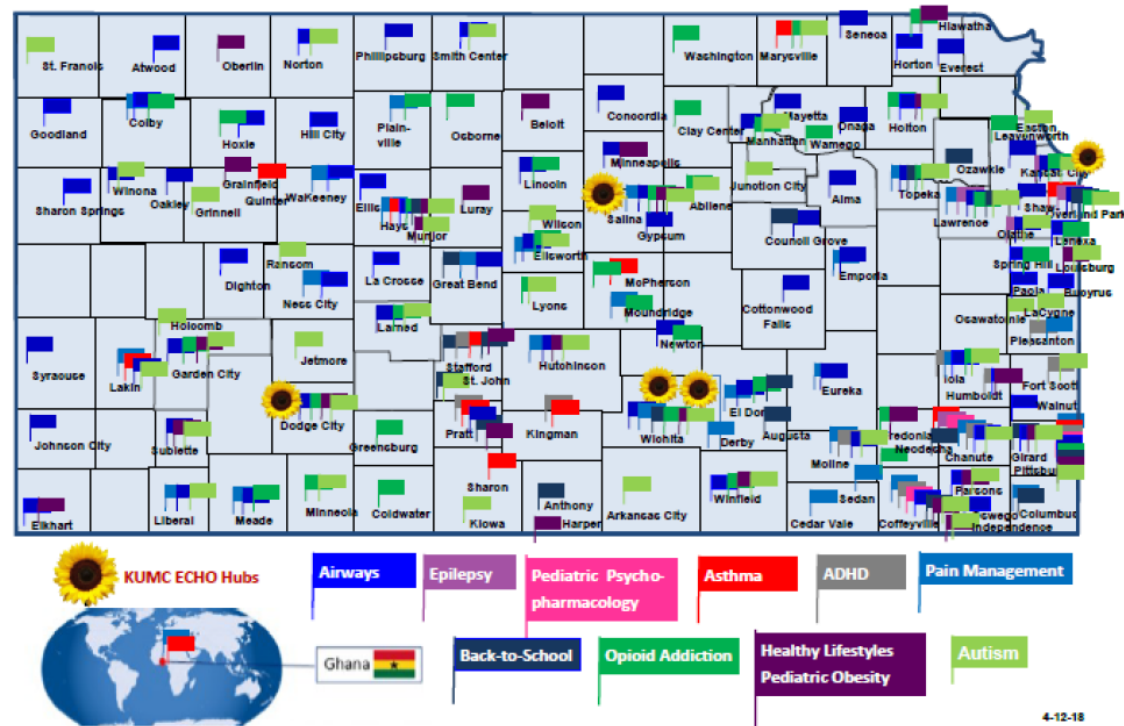


- Participants
- Subject Matter Experts
- Technology

Measurement

Registered Participant Sites

- Program evaluation
- Tracking outcomes



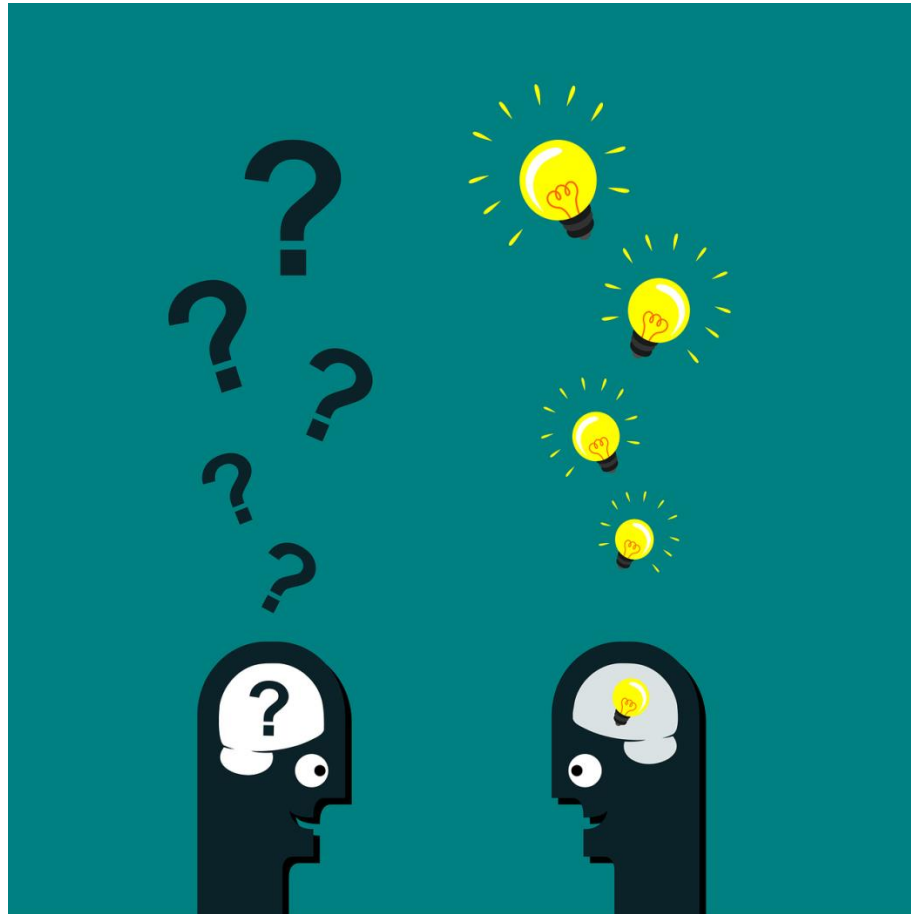
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Celebrating Success



- How has Project ECHO improved pain management and use of opioids?

Questions



For more information...

- Kansas
 - <http://www.kumc.edu/community-engagement/ku-center-for-telemedicine-and-telehealth/project-echo.html>
 - cdeckert@kumc.edu or projectecho@kumc.edu
 - Phone: 913-588-2081
- Nebraska
 - <https://www.unmc.edu/bhecn/education/project-echo.html>
- North Dakota
 - <https://ruralhealth.und.edu/projects/project-echo>
 - julie.a.reiten@und.edu
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