Sepsis is the body’s extreme response to an infection. It is a medical emergency, and without timely treatment, it can rapidly cause tissue damage, organ failure and death. Sepsis happens when an infection you already have - in your skin, lungs, urinary tract or somewhere else - triggers a chain reaction throughout your body.

**SPOT THE SIGNS**

There is no single symptom of sepsis. Symptoms can include a combination of any of the following:

- Confusion or disorientation
- Fever, shivering or feeling cold
- Shortness of breath
- Fast heart rate
- Extreme pain or discomfort
- Clammy or sweaty skin

**ACT FAST**

- **80%** of patients had symptoms of sepsis prior to hospitalization
- Risk of death increases 8% every hour that sepsis goes untreated
- **1** person every 2 minutes dies from sepsis in the U.S.
- Only **55%** of U.S. adults have heard of sepsis

**911** If you spot the signs of sepsis, call 911.

Spotting the signs of sepsis early and getting treatment saves lives!

If you suspect sepsis or have an infection that is not getting better or is getting worse, seek medical care IMMEDIATELY!

Source: www.cdc.gov/sepsis and www.sepsis.org