



You can **CHOOSE** your flu vaccine!

The flu shot is recommended for **everyone age six months and older**. Protect yourself and your family!

NEW this season is a vaccine to protect against **four** common influenza A and influenza B viruses. Vaccine choices also include an egg-free option.

Medicare pays for all influenza vaccine options.

1

NEW Quadrivalent Flu Vaccine:

- Protects against **2 influenza A** and **2 influenza B**
- Approved for ages 4 years and older

2

Intradermal Quadrivalent Flu Vaccine:

- Protects against **2 influenza A** and **2 influenza B**
- Approved for ages 18 through 64 years of age

3

High-dose Flu Vaccine (trivalent):

- Protects against **2 influenza A** and **1 influenza B**
- **Recommended for ages 65 and older** and individuals with a compromised immune system

4

Standard Flu Vaccine (trivalent):

- Protects against **2 influenza A** and **1 influenza B**
- Approved for ages 6 months and older

Ask your doctor or nurse to help you choose the best flu vaccine for you and your family.