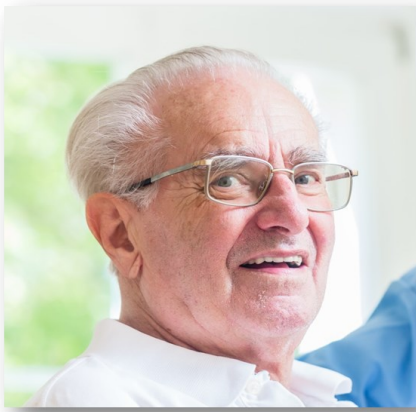


TEACH BACK—PLAIN LANGUAGE PRACTICE WORKSHEET



I would like you to meet . . .

James, age 78, who lives at home with Martha, his wife of 48 years. He was admitted to the hospital with shortness of breath.

Heart Failure Definition¹

An acute or chronic inability of the heart to maintain adequate blood circulation to the peripheral tissues and the lungs, usually characterized by fatigue, edema, and shortness of breath. It has many causes, including coronary artery disease, hypertension, and cardiomyopathy. It is also called congestive heart failure.

¹The American Heritage® Science Dictionary Copyright © 2005 by Houghton Mifflin Company. Published by Houghton Mifflin Company.

Medical Terminology	Plain Language
Acute	
Chronic	
Peripheral tissues	
Fatigue	
Edema	
Hypertension	
Cardiomyopathy	
Heart failure	

Resource:

Plain Language Medical Dictionary *University of Michigan*:
<http://www.lib.umich.edu/plain-language-dictionary>

TEACH BACK—PLAIN LANGUAGE PRACTICE WORKSHEET



I would like you to meet . . .

James, age 85, has lived at your facility since his wife died several years ago. His condition has deteriorated over the past several months. It is time for “the conversation.”

Health Care Directive² (advance directive)

A legal document (as a living will) signed by a competent person to provide guidance for medical and healthcare decisions (as the termination of life support or organ donation) in the event the person becomes incompetent to make such decisions.

²The American Heritage® Science Dictionary Copyright © 2005 by Houghton Mifflin Company. Published by Houghton Mifflin Company.

Medical Terminology	Plain Language
Deteriorate	
Competent	
Guidance	
Cardiovascular resuscitation	
Termination	
Life support	
Incompetent	
Healthcare directive	

Resource:

Plain Language Medical Dictionary *University of Michigan:*
<http://www.lib.umich.edu/plain-language-dictionary>